

Symptom checklist

Digestive system symptoms

- Vomiting
- Reflux
- Diarrhoea
- Colic
- Wind or bloating
- Blood or mucus in stools
- Constipation

Skin symptoms

- Eczema
- Skin rash such as hives

Lungs

- Wheezing
- Cough or sneezing
- Breathing problems

Other symptoms

- Eye, lip or facial swelling
- Low or slow weight gain
- Restlessness or poor sleeping
- Feed refusal
- Extreme irritability
- Back arching

Feeding history

- Exclusively breast fed
- Bottle fed
- Mixed feeding
- Types of feeds:
 - Cows milk formula
 - Lactose free milk
 - Thickened feeds
 - Soya-based milk
 - Goats milk
 - Rice milk

Symptom history

- Age of first onset _____
- Speed of onset of symptoms after feeding: _____
- Duration of symptoms: _____
- Severity of symptoms: _____
- Frequency of symptoms: _____

Family history of allergy

- Asthma
- Eczema
- Hayfever
- Food allergy : _____
- Family member(s):
 - _____
 - _____

Patient details

Patient identifier

Current age: _____

Date of completion of form: _____

Form last updated: May 2013